

Dempster's Indian Naan



INGREDIENTS: ENRICHED WHEAT FLOUR, WATER, YOGURT POWDER [NON-FAT YOGURT (CULTURED NON-FAT MILK), SODIUM CITRATE], BUTTER (MILK INGREDIENT), SUGAR/GLUCOSE-FRUCTOSE, YEAST*, VEGETABLE OIL (CANOLA OR SOYBEAN), SALT, WHEAT GLUTEN, MALTO-DEXTRIN, STONEGROUND WHOLE WHEAT FLOUR, MONOGLYCERIDES, SUNFLOWER LECITHIN, CALCIUM PROPIONATE, SODIUM STEAROYL-2-LACTYLATE, GUAR GUM, SORBIC ACID, NON-FAT MILK, CITRIC ACID. *ORDER MAY CHANGE. MAY CONTAIN SOYBEAN AND SESAME SEEDS

ALLERGEN INFORMATION:

Present in the plant: Wheat flour milk ingredients
 Present on the same manufacturing line: Wheat flour, milk ingredients
 Present in the product: Wheat flour, milk ingredients
 Present on an ingredient supplier's manufacturing line: Soybean, sesame seeds (Lebanon Pita improver), Sesame seeds(CHR starter distillate)

Nutrition Facts

Valeur nutritive

Serving Size Per 1/2 Naan (50 g)
 Portion pour 1/2 naan (50 g)

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 130	
Fat / Lipides 2.5 g	4 %
Saturated / saturés 1 g + Trans / trans 0 g	5 %
Cholesterol / Cholestérol 5 mg	
Sodium / Sodium 240 mg	10 %
Potassium / Potassium 30 mg	1 %
Carbohydrate / Glucides 22 g	7 %
Fibre / Fibres 1 g	4 %
Sugars / Sucres 2 g	
Protein / Protéines 5 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	4 %
Iron / Fer	10 %
Thiamine / Thiamine	15 %
Riboflavin / Riboflavine	8 %
Niacin / Niacine	8 %
Folate / Folate	20 %
Pantothenate / Pantothénate	2 %
Phosphorus / Phosphore	4 %
Magnesium / Magnésium	4 %
Zinc / Zinc	4 %
Selenium / Sélénium	30 %
Manganese / Manganèse	10 %
Molybdenum / Molybdène	15 %